



Release of Liability, Waiver of Claims, Assumption of Risk

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE

You are advised that athletic activity and training are DANGEROUS RECREATIONAL ACTIVITIES with OBVIOUS RISKS as defined by the Civil Liability Amendment (Personal Responsibility) Act. YOU ARE PARTICIPATING AT YOUR OWN RISK.

Participant's Details

First Name	Surname
Address	Suburb
Phone	P/Code
Email	Date of Birth

Photography / Video Release

Participants involved in any activities offered by CrossFit Cave may be photographed or videotaped during training. The undersigned hereby consents to the use of these photographs and/or videos without compensation, on the CrossFit Cave website, Facebook page or in any editorial, promotional or advertising material produced and/or published by CrossFit Cave.

Waiver and Release of Liability

Express Assumption of Risk

- I, the undersigned, am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death; injury or death due to negligence on the part of myself, my training partner, or other people around me; injury or death due to improper use or failure of equipment; strains and sprains.
- I am aware that any of these above mentioned risks may result in serious injury or death to myself and or my partner(s).
- I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any activity or class while at, or under direction of CrossFit Cave.
- I acknowledge that I have no physical impairments, injuries, or illnesses that will endanger me or others.

Release

- In consideration of the above mentioned risks and hazards, and in consideration of the fact that I am willingly and voluntarily participating in the activities offered by CrossFit Cave, I, the undersigned hereby release CrossFit Cave, their principals, agents, employees, and volunteers from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties.

I have read and understood the foregoing assumption of risk and release of liability, and I understand that by signing it obligates me to indemnify the parties named for any liability for injury or death of any person and damage to property caused by my negligent or intentional act or omission. I understand that by signing this form I am waiving valuable legal rights.

Participant to Sign

Signature: _____
Name: _____
Date: _____

If the Participant is under 18

Signature: _____
Name: _____
Relationship: _____
Date: _____

OFFICE USE ONLY

Reviewed by:	
Signature:	
Date:	